

# WWC GROUP FITNESS

## SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 AM		BOOTCAMP RACHEL		BOOTCAMP RACHEL	
9:00 AM		AQUA FITNESS MEGAN			
9:30 AM	BETTER YOUR BODY MIKE		LOW IMPACT BOOTCAMP RACHEL		YOGA MEGAN
11:30 AM	YOGA MEGAN		CORE EXPRESS RACHEL		BOOTCAMP RACHEL
5:00 PM	KICKBOXING CIRCUIT GAGE			YOGA ANDREA	
5:30 PM		BUTTS & GUTS GAGE			