

WWC GROUP FITNESS SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 AM		BOOTCAMP DAVID		BOOTCAMP DAVID	
9:00 AM		AQUA FITNESS MEGAN			
9:30 AM	BETTER YOUR BODY MIKE		LOW IMPACT BOOTCAMP DAVID		YOGA MEGAN
11:30 AM	YOGA MEGAN		BOOTCAMP DAVID		BUTTS & GUTS RACHEL
5:00 PM	KICKBOXING CIRCUIT RACHEL			YOGA ANDREA	
5:30 PM		BUTTS & GUTS RACHEL			

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