

WWC GROUP FITNESS

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 AM		BOOTCAMP DAVID		BOOTCAMP DAVID	
9:00 AM		AQUA FITNESS LYNN		AQUA FITNESS LYNN	
9:30 AM	BETTER YOUR BODY MIKE		LOW IMPACT BOOTCAMP DAVID		YOGA MEGAN
11:30 AM	YOGA MEGAN		CORE EXPRESS DAVID		BOOTCAMP RACHEL
5:00 PM	KICKBOXING CIRCUIT GAGE			YOGA ANDREA	
5:30 PM		BUTTS & GUTS RACHEL			