

# POOL RULES

1. Patrons may not enter the aquatics area until there is a lifeguard on duty.
2. All children 6 years of age and younger must be within arm's reach of an adult 16 years or older in a swimsuit at all times.
  - a. One adult supervisor is required for every two children in this age group.
3. All children 7-12 years of age must be visually supervised by an adult 16 years or older at all times.
  - a. One adult supervisor is required for every five children in this age group.
4. All children wearing a flotation device must be within arm's reach of an adult in the water at all times.
5. Large groups must maintain a 1:5 adult to child ratio for children under 10.
6. Safety breaks are called at 15 minutes before each hour if there is more than 10 people in the pool.
  - a. Adults 18 years of age and older may swim during this time
  - b. Children 2 years of age and younger may remain in the Pool during rest period with an adult
7. Youths 17 years of age and younger may remain in the Lap Lanes during rest period as long as they are actively swimming laps or participating in a program
8. No running on pool decks.
9. There is no diving permitted in the shallow areas of the Pool.
10. Only small, round, soft sponge balls and soft, round inflatable beach balls are permitted.
  - a. No tennis balls or footballs are permitted
11. No private swim lessons or coaching permitted.
12. The following items and behaviors are not permitted in the facility:
  - a. Food, gum or beverages (with the exception of water)
  - b. Glass containers of any type
  - c. Squirt guns, inner tubes, torpedoes, mermaid tails/mono-fins, & large floating toys that may obscure the sightlines of lifeguards
13. All inner tubes and life vest must have a bottom to them to support the individual
14. All guests must obey the instructions of the aquatics staff.
15. Guests experiencing the following are not permitted in the water: open sores, infections, or diarrhea.
16. Swim diapers are required for all individuals not toilet trained. Youth sizes are available for purchase at the Front Desk.
17. Swimsuits are the only acceptable swim attire. Guests with modesty concerns may wear covering garments that are clean and do not interfere with their safety or the safety of others.
  - a. Sweat Pants or Denim is not acceptable swim attire
18. In the case of inclement weather, the pool will be cleared until the Lifeguard deems it safe to re-enter the water.
19. In the case of a biohazard incident the pool will be cleared until staff deems it safe to re-enter the water.
20. Aquatic staff may test the swimming competency of any swimmer at any time.
21. Aquatic staff reserves the right to restrict non-swimmers' use of deep water.
22. Breath holding is not permitted.
23. Diving is not permitted in the shallow areas of the Lap Pool.
24. Please do not hang on the lane lines.
25. Fitness and aerobic equipment may only be used by guests 18 years of age or older.
  - a. Children may only use equipment properly with direct adult supervision.
  - b. Please return all equipment to the proper storage area.

*Revised: 4.4.2022*

# LAP LANES

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1. The Lap Lanes are for lap swimming and aerobic activities only.
2. Guests participating in aerobic activities in open swim lanes are required to share lane space with others
3. Circle swimming is encouraged.
4. Please swim on the right-hand side of the lane, just like when driving a car.
5. Anyone swimming continuous laps is permitted in the Lap Pool.
6. Lane availability may be restricted at any time due to aquatic programming.
7. Be courteous when sharing a lane with other swimmer(s).
8. Please pick an appropriate lane according to your pace.
9. Please notify other swimmer(s) before entering the lane.
10. Notify the Lifeguard if assistance is needed to find lane space, or if you are denied access to a lane.

# DIVING BOARDS

1. Diving or jumping that is deemed unsafe, in the judgement of the lifeguard, will be prohibited
2. Individuals who use the springboard must be able to swim to the nearest ladder and exit the water on their own.
3. At the Lifeguard's request, an individual may be asked to complete a swim test to demonstrate their ability to swim.
4. When using the springboard the following will be prohibited:
  - a. Any form of a flip (Forward or Backward)
  - b. Multiple people on the springboard
  - c. Back dives, Cartwheels or Seated Drops
  - d. Catching an individual that is jumping off the springboard
  - e. Hanging on the diving board
  - f. The use of Goggles or flotation devices

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